

“TENS Machines To Relieve Pain For Seniors

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**As We Age, We Deal With More Pain. We Need
Some Pain Relief.**

**The TENS Machines Give Us Pain Relief Without
All The Side Effects Of Medications.**

**They Are A Powerful Weapon In Your Fight
Against Chronic Pain**

**Here Are Some Benefits Of Using The TENS
Machine.**

Drug-free Pain Relief

TENS therapy is all-natural and drug-free, helping you manage pain without the risk of dependence or dangerous side effects. This makes it a safe alternative or supplement to prescription drugs and other treatment



methods. The electrodes can sometimes cause irritation to the skin; that's about the worst of it.

Multi Purpose

TENS units can be used for a wide variety of situations like back, neck, nerve, knee, joint, shoulder pain, and more. TENS units are effective in managing chronic and acute pain. It could help relieve other unrelated pain, such as headaches or menstrual cramps.



You Control Your Treatment

You control the intensity and the length of the session. TENS units allow you to have more control over your treatment than other options. There will be multiple modes and intensity levels to choose from on your TENS device, and you'll get to decide how long each treatment session will last based on your needs.



Long Term Solution Don't Worry

Because there are very few risks or side effects, you can manage your pain with a TENS unit as frequently and as long-term as you need to. A major benefit - not to worry about it.



Flexible and Portable

TENS units are small enough to fit in your pocket or clip to your belt so that you can bring them wherever you go. The subtle size and noninvasive electrodes also make it easy to use in public.



Cost-Effective

TENS units are one of the most affordable treatment methods available, with just a one-time purchase of \$20 to \$200 depending on its features and about \$10 to \$15 every few months to replace your electrodes.



Prescription NOT Required

Although we recommend seeing a doctor to determine if TENS therapy is an option for you, a doctor's prescription is often unnecessary. There are many over-the-counter TENS units available to the public.



Simple To Use

TENS units may sound fancy and complicated, but they're just as simple to use as a heating pad. With a simple control panel and self-adhesive electrodes, you'll get the relief you need without any hassle.

